



## Vellai Thamarai France

Association sociale, éducative et culturelle

(Association Loi 1901)

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### Yoga workshops in India at Vellai Thamarai - Summer 2022 (in French)

Units	Workshops dates	Conferences' subjects
1	June 27 to July 02	History of Indian culture
2	July 04 <sup>h</sup> to July 09 <sup>h</sup>	The Vedas
3	July 11 <sup>th</sup> to July 16 <sup>th</sup>	The Upanishads
4	July 18 <sup>th</sup> to July 23	The Samkhya
5	July 25 <sup>th</sup> to July 30 <sup>th</sup>	Yoga and Yogas
6	August 01 <sup>th</sup> to August 06 <sup>th</sup>	The Yoga sutra of Patanjali

Closing date for registration: **May 5<sup>th</sup> 2022.**

Each workshop has a specific programme. Please see the Yoga instructor training programme.

### Financial conditions for 2022

Number of units or weeks by workshop	Costs	Accommodation : board and lodging breakfast and lunch, miscellaneous expenses	Costs for dinner Your choice of restaurant in town	Transportation fees : airline ticket and ride to Puducherry (round trip)
1 unit or 1 week	295 €	Set price of 30 € a day (2 per room)	Payable directly to the restaurant. Price indication : from 5 € for a complete meal without beverages	Airline ticket from about 650 €  (taxi ride Chennai, Puducherry about 40 €)
2 units or 2 weeks	570 €			
	820 €			
4 units or 4 weeks	1050 €			
5 units or 5 weeks	1255 €			
6 units or 6 weeks	1440 €			

Proceeds of all workshops are given to Vellai Thamarai School to help underprivileged children of surrounding villages.