



# Vellai Thamarai France

Association sociale, éducative et culturelle

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## Yoga workshops in India at Vellai Thamarai – Winter and Summer 2024 (in French)

Units	Workshops dates	Conferences' subjects
7	January 29 to February 03	The Tantrisme
8	Feb 05 to Feb 10	The Ramayana
9	Feb 12 to Feb 17	The Mahabharata
10	July 15th to July 20	The Bhagavad Gita
11	July 22 to July 27	Different religions
12	July 29 to August 3	Integral yoga of Sri Aurobindo

Closing dates for registration: **December 20th 2023 for winter session, June 5<sup>th</sup> 2024 for summer session**

Each workshop has a specific programme. Please see the Yoga instructor training programme.

### Financial conditions for 2024

Number of units or weeks by workshop	Teaching Costs	Workshops and meals costs (breakfast and lunch)	Costs for dinner Your choice of restaurant in town	Accommodation costs
1 unit or 1 week	310 €	Set price of 20 € a day	Payable directly to the restaurant. Price indication : from 5 € for a complete meal without beverages	To book directly at the Guest House. Price indication: around 12 euros for a double room, and 20 to 25 euros for a single room.
2 units or 2 weeks	600 €			
3 units or 3 weeks	860 €			
4 units or 4 weeks	1100 €			
5 units or 5 weeks	1320 €			
6 units or 6 weeks	1500 €			

Proceeds of all workshops are given to Vellai Thamarai School to help underprivileged children of surrounding villages.