



Vellai Thamarai France

Association sociale, éducative et culturelle

Organisme d'Intérêt Général

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YOGASANA AND PRANAYAMA INSTRUCTOR TRAINING PROGRAMME

YOGASANA AND PRANAYAMA WORKSHOPS

REGISTRATION FORM 2024 PUDUCHERRY - INDIA

Closing dates for registration: **December 20 2023 for winter session, June 5 2024 for summer session**

NAME.....

SURNAME

ADDRESS

ZIP CODECITY / COUNTRY.....

Telephone Mobile

e-mail

Date of birth..... Place of birth

Profession

I wish to register for Yogasana and Pranayama instructor training program ☐

I wish to register for Yogasana and Pranayama workshops ☐

WORKSHOPS DATES SUMMER 2024

Please tick off the boxes corresponding to the units you wish to attend this year. The number of participants is limited to 20 for each workshop.

Tick off boxes	Units	Workshops dates	Conferences' subjects	Arrival date at Puducherry	Departure date from Puducherry, back to your country or for visiting India
	7	January 29 to February 03	The Tantrisme		
	8	Feb 5 to Feb 10	The Ramayana		
	9	Feb 12 to Feb 17	The Mahabharata		
	10	July 15 to July 20	The Bhagavad Gita		
	11	July 22 to July 27	Different religions		
	12	July 29 to August 3	Integral Yoga of Sri Aurobindo		

Have you had a Yoga instructor training?

YES ☐

NO ☐

Do you teach Yoga classes?

YES ☐

NO ☐

Here are my motivations to undertake this training:

I wish to have a taxi ride from Chennai airport to Puducherry (around 50€). YES ☐ NO ☐

I deposit a cheque of 100 €, to the order of Vellai Thamarai France, to book my place for ticked off units. (In case of cancellation 50 € reimbursed based on presentation of supporting documents)

I will pay by cheque to the order of Vellai Thamarai France, or by wire transfer the remaining fees of the workshop one week prior my departure for India.

I will pay the accommodation costs and other expenses on the spot in cash and in Euros.

Date Signature.

How did you hear about Vellai Thamarai?

Already a member ☐ *Internet* ☐ *Friend* ☐ *Other, please specify*.....

FINANCIAL CONDITIONS FOR 2024

Number of units	Teaching Costs	Workshop and meals costs (breakfast and lunch)	Costs for diner your choice of restaurant in town	Accommodation (lodging) costs
1 unit or 1 week	310 €	Set price of 20 € a	Payable directly to the restaurant. Price indication from 5 € for a complete meal without beverages	To book directly at the Guest House. Price indication around 12 € for a double room and 20 to 25 € for a single room
2 units or 2 weeks	600 €			
3 units or 3 weeks	860 €			
4 units or 4 weeks 5 units or 5 weeks 6 units or 6 weeks	1100 € 1320 € 1500 €			

Proceeds of all workshops are given to Vellai Thamarai School to help underprivileged children of surrounding villages.