



Vellai Thamarai France

Association sociale, éducative et culturelle

(Association Loi 1901)

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YOGASANA AND PRANAYAMA INSTRUCTOR TRAINING PROGRAMME

YOGASANA AND PRANAYAMA WORKSHOPS

REGISTRATION FORM 2023 GRETZ – March-April 2023 / September 2023

Closing dates for registration: 15 February 2023 / 1 August 2023

NAME.....

SURNAME.....

ADDRESS

ZIP CODECITY.....COUNTRY.....

Téléphone Mobile.....

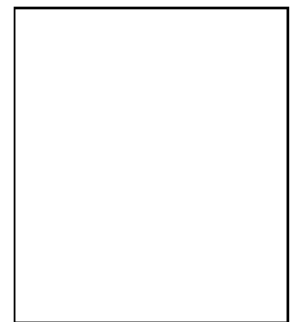
e-mail

Date of birth.....Place of birth.....

Profession

I wish to register for Yogasana and Pranayama training programme

I wish to register for Yogasana and Pranayama workshops



WOKSHOPS DATES

Please tick off the boxes corresponding to the weeks you wish to attend. The number of participants is limited to 20 for each workshop.

Tick off boxes	Units	Workshop dates	Conférences' subjects	Date and hour arrival at Gretz	Date and hour departure Gretz
	1	20 to 25 March	History of Indian culture		
	2	28 March to 01 April	The Vedas		
	3	03 to 08 April	The Upanishads		
	4	11 to 16 September	The Samkhya		
	5	18 to 23 September	Yoga and Yogas		
	6	25 to 30 September	Yoga sutra of Patanjali		

Please describe your motivations to undertake the Yoga training instructor programme on a separate sheet and joint it to the registration form.

RATES PER SESSION, March-April, September

RATE 1 week

Tuition: 345€ + full board (7 days): 420€ - **Total: 765€**

RATE 2 weeks

Tuition: 650€ + full board (14 days): 840€ - **Total: 1490€**

RATE 3 weeks

Tuition: 910€ + full board (21 days): 1260€ - **Total: 2170€**

RATE over 3 weeks (March-April + September)

For trainees who follow the Yoga teacher's course:

- Tuitions for the September sessions are identical to those above.
- The full board is reduced to 45€ per day instead of 60€. The total cost for 6 weeks in March-April then in September 2022, including full board is 4025€.

Rates for 2024 are subject to change.

PAYMENT

The cost for full board (lodging, meals) is to be paid directly to Centre Védantique.

Tuition fees are considered as a donation to Vellai Thamarai France (66% deductible from taxes in France).

At registration, I send a deposit of 100€ either by check, order of Vellai Thamarai France, or by wire transfer (ask for the instructions). I pay the balance of the tuition fee 15 days prior to the beginning of the course.

Done at On..... Signature

This registration form is to be sent to : Vellai Thamarai France, 9 Villa Deshayes, 75014 Paris

In order to check the availabilities and book a room, your contact is:

Marie-Odile Tesnière, +33 (0)6 74 11 43 63 – notesniere@orange.fr