



Vellai Thamarai France

Association sociale, éducative et culturelle

Organisme d'Intérêt Général

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YOGASANA AND PRANAYAMA INSTRUCTOR TRAINING PROGRAMME

YOGASANA AND PRANAYAMA WORKSHOPS

REGISTRATION FORM 2024 GRETZ – April 2024/ September 2024

Closing dates for registration: 15 February 2024 / 1 August 2024

NAME.....

SURNAME.....

ADDRESS

ZIP CODECITY.....COUNTRY.....

Téléphone Mobile.....

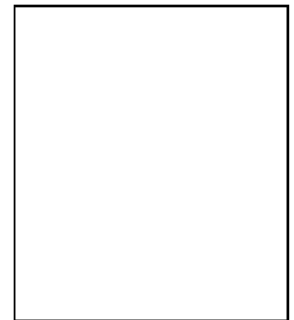
e-mail

Date of birth.....Place of birth.....

Profession

I wish to register for Yogasana and Pranayama training programme

I wish to register for Yogasana and Pranayama workshops



WORKSHOPS DATES 2024

Please tick off the boxes corresponding to the weeks you wish to attend. The number of participants is limited to 20 for each workshop.

Tick off boxes	Units	Workshop dates	Conférences' subjects	Date and hour arrival at Gretz	Date and hour departure Gretz
	7	08 to 13 April	The Tantrisme		
	8	15 to 20 April	The Ramayana		
	9	22 to 27 April	The Mahabharata		
	10	09 to 14 September	The Bhagavad Gita		
	11	16 to 21 September	Different religions		
	12	23 to 28 September	Integral Yoga of Sri Aurobindo		

Please describe your motivations to undertake the Yoga training instructor programme on a separate sheet and joint it to the registration form

Have you had a yoga instructor training? YES. NO

Do you teach yoga classes? YES NO

RATES PER SESSION, April, September

RATE 1 week

Tuition: 360 € + full board (7 days): 455 € - **Total: 815 €**

RATE 2 weeks

Tuition: 680 € + full board (14 days): 910 € - **Total: 1590 €**

RATE 3 weeks

Tuition: 950 € + full board (21 days): 1365 € - **Total: 2315 €**

RATE over 3 weeks (April + September)

For trainees who follow the Yoga teacher's course:

- Tuitions for the September sessions are identical to those above.
- The full board is reduced to 45 € per day instead of 65 € for those who follow the six weeks at Gretz in 2024.

PAYMENT

The cost for full board (lodging, meals) is to be paid directly to Centre Védantique.

At registration, I send a deposit of 100 € either by check, order of Vellai Thamarai France, or by wire transfer (ask for the instructions). I pay the balance of the tuition fee 15 days prior to the beginning of the course.

Done at On..... Signature

This registration form is to be sent to : Vellai Thamarai France, 20 rue Deparcieux, 75014 Paris

In order to check the availabilities and book a room, your contact is:

Marie-Odile Tesnière, +33 (0)6 74 11 43 63 – notesniere@orange.fr