



# Vellai Thamarai France

Association éducative, sociale et culturelle

Organisme d'Intérêt Général

20 rue Deparcieux, 75014 PARIS

[www.vellai-thamarai.com](http://www.vellai-thamarai.com) - [contact@vellai-thamarai.com](mailto:contact@vellai-thamarai.com)

## Intensive Yogasana and Pranayama Workshops

### Registration Form 2025 at Gretz – May & September 2025

Closing date for registration: April 15<sup>th</sup> 2025

NAME .....  
SURNAME .....  
ADDRESS .....  
ZIP CODE .....CITY .....COUNTRY.....  
Telephone ..... Mobile.....  
e-mail .....  
Date of birth..... Place of birth .....  
Profession .....



### WORKSHOPS DATES 2025

Please tick off box(es) for each workshop:

Tick off boxes	Unit	Workshop Date	Programme	Arrival Time & Day at Gretz	Departure Time & Day from Gretz
<input type="checkbox"/>	1	1 <sup>st</sup> to 3 <sup>rd</sup> of May 2025	History of Indian culture	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	2	5 <sup>th</sup> to 7 <sup>th</sup> of May 2025	The Veda	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	3	19 <sup>th</sup> to 21 <sup>st</sup> of September 2025	The Upanishad	<input type="checkbox"/>	<input type="checkbox"/>

Please give your motivations to undertake the yogasana workshop.

Have you had a teacher's training course in yoga? YES ☐ NO ☐

Do you teach yoga? YES ☐ NO ☐

#### FINANCIAL CONDITIONS May & September 2025

##### Rate 1 Unit (3 days)

Course: **180 €** + full board (3 days): **210 €** Total: **390 €**

##### Rate 2 Units (6 days)

Course: **360 €** + full board (6 days): **420 €** Total: **780 €**

##### Rate 3 Units (9 days)

Course: **540 €** + full board (9 days): **630 €** Total: **1170 €**

#### PAYMENT

The cost for full board (lodging, meal) is to be paid directly to Centre Védantique.

To confirm my inscription to the selected units, 2 possibilities:

- ☐ I am already Member in 2025 of Vellai Thamarai France: I send a deposit of **100 €**,
- ☐ I am not Member in 2025 of Vellai Thamarai France: I send a deposit of **100 €** and I give a contribution of **35 €** to VTF either by check, order of Vellai Thamarai France or by wire transfer (ask for instructions). I pay the balance of the course fee 15 days before the beginning of the course.

In case of cancellation, 50 € are reimbursed based on presentation of supporting documents.

Done at ..... On ..... Signature

This registration form is to be sent to: Vellai Thamarai France, 20 rue Deparcieux, 75014 Paris

In order to check the availabilities and book a room, your contact is:

Marie-Odile Tesnière, +33 (0)6 74 11 43 63 – [motesniere@orange.fr](mailto:motesniere@orange.fr)

How did you know Vellai Thamarai?

- ☐ Already a member   ☐ Internet   ☐ Friend   ☐ Other, please specify .....