



# Vellai Thamarai France

Association éducative, sociale et culturelle

Organisme d'Intérêt Général

20 rue Depercieux, 75014 PARIS

[www.vellai-thamarai.com](http://www.vellai-thamarai.com) - [contact@vellai-thamarai.com](mailto:contact@vellai-thamarai.com)

## Intensive Yogasana and Pranayama Workshops

### Registration Form 2025 at Gretz – May & September 2025

Closing date for registration: April 15<sup>th</sup> 2025

NAME .....

SURNAME .....

ADDRESS .....

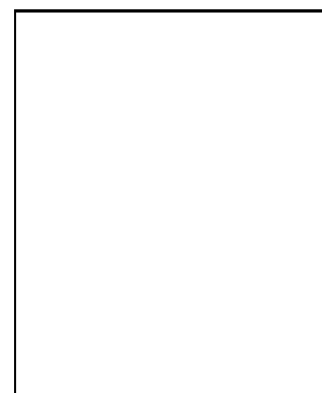
ZIP CODE .....CITY .....COUNTRY.....

Telephone ..... Mobile.....

e-mail .....

Date of birth..... Place of birth .....

Profession .....



### WORKSHOPS DATES 2025

*Please tick off box(es) for each workshop:*

Tick off boxes	Unit	Workshop Date	Programme	Arrival Time & Day at Gretz	Departure Time & Day from Gretz
	1	1 <sup>st</sup> to 3 <sup>rd</sup> of May 2025	History of Indian culture		
	2	5 <sup>th</sup> to 7 <sup>th</sup> of May 2025	The Veda		
	3	19 <sup>th</sup> to 21 <sup>st</sup> of September 2025	The Upanishad		

Please give your motivations to undertake the yogasana workshop.

Have you had a teacher's training course in yoga? YES  NO

Do you teach yoga? YES  NO

### FINANCIAL CONDITIONS May & September 2025

**Rate 1 Unit (3 days)**

Course: **180 €** + full board (4 days): **260 €** Total: **440 €**

**Rate 2 Units (6 days)**

Course: **360 €** + full board (8 days): **520 €** Total: **880 €**

**Rate 3 Units (9 days)**

Course: **540 €** + full board (12 days): **780 €** Total: **1320 €**

### PAYMENT

The cost for full board (lodging, meal) is to be paid directly to Centre Védantique.

To confirm my inscription to the selected units, 2 possibilities:

- I am already Member of Vellai Thamarai France: I send a deposit of **100 €**,
- I am not Member of Vellai Thamarai France: I send a deposit of **100 €** and I give a contribution of **35 €** to VTF either by check, order of Vellai Thamarai France or by wire transfer (ask for instructions). I pay the balance of the course fee 15 days before the beginning of the course.

In case of cancellation, 50 € are reimbursed based on presentation of supporting documents.

Done at ..... On ..... Signature

This registration form is to be sent to: Vellai Thamarai France, 20 rue Deparcieux, 75014 Paris

In order to check the availabilities and book a room, your contact is:

Marie-Odile Tesnière, +33 (0)6 74 11 43 63 – [motesniere@orange.fr](mailto:motesniere@orange.fr)

How did you know Vellai Thamarai?

- Already a member
- Internet
- Friend
- Other, please specify .....