

# Vellai Thamarai France

Association éducative, sociale et culturelle Organisme d'Intérêt Général 20 rue Deparcieux, 75014 PARIS

www.vellai-thamarai.com - contact@vellai-thamarai.com

## Yoga for the eyes Training Course

### Drishti Vardhanam

Eyes relaxation method

#### Registration Form 2025 at Gretz – April & October 2025

Closing date for registration: March 15<sup>th</sup> 2025

NAME		
SURNAME		
ADDRESS		
ZIP CODECITY	COUNTRY	
Telephone	Mobile	
e-mail		
Date of birth	Place of birth	
Profession		

#### **WORKSHOPS DATES 2025**

The number of participants is limited to 20 for each workshop.

Unit	Workshop Date	Programme	Arrival Time & Day at Gretz	Departure Time & Day from Gretz
1	14th to 17th of April 2025	Theory and presentation of main exercises		
2	October 30 <sup>th</sup> to November 2 <sup>nd</sup> 2025	Applications to specific cases		

Please give your motivations to undertake yoga for the eyes training course.
FINANCIAL CONDITIONS April & October 2025
Unit 1 and Unit 2
Course: <b>480 €</b> + full board (8 days): <b>520 € Total: 1000 €</b>
PAYMENT
The cost for full board (lodging, meal) is to be paid directly to Centre Védantique.
To confirm my inscription to the selected units, 2 possibilities:
I am already Member of Vellai Thamarai France: I send a deposit of 100 €,
I am not Member of Vellai Thamarai France: I send a deposit of 100 € and I give a contribution of 35 € to VTF
either by check, order of Vellai Thamarai France or by wire transfer (ask for instructions). I pay the balance of the course fee 15 days before the beginning of the course.
In case of cancellation, 50 € are reimbursed based on presentation of supporting documents.
Done at
This registration form is to be sent to: Vellai Thamarai France, 20 rue Deparcieux, 75014 Paris
In order to check the availabilities and book a room, your contact is:  Maria Odila Tassière 133 (0)6 74.11.43.63 metassière @grange fr
Marie-Odile Tesnière, +33 (0)6 74 11 43 63 – motesniere@orange.fr
How did you know Vellai Thamarai?
○ Already a member ○ Internet ○ Friend ○ Other, please specify