



Vellai Thamarai France

Association sociale, éducative et culturelle

(Association Loi 1901)

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Yoga workshops in India at Vellai Thamarai - Summer 2019 (in French)

Units	Workshops dates	Conferences' subjects
7	July 01 to July 06 th	The Tantrisme
8	July 08 th to July 13 th	The Ramayana
9	July 15 th to July 20	The Mahabharata
10	July 22 th to July 27 th	The Bhagavad Gita
11	July 29 th to August 03 th	The different religions
12	August 05 th to August 10 th	Integral Yoga of Sri Aurobindo

Closing date for registration: **May 5th 2019.**

Each workshop has a specific programme. Please see the Yoga instructor training programme.

Financial conditions for 2019

Number of units or weeks by workshop	Costs	Accommodation : board and lodging breakfast and lunch, miscellaneous expenses	Costs for dinner Your choice of restaurant in town	Transportation fees : airline ticket and ride to Puducherry (round trip)
1 unit or 1 week	295 €	Set price of 25 €a day (2 per room)	Payable directly to the restaurant. Price indication : from 4 €for a complete meal without beverages	Airline ticket from about 650 € (taxi ride Chennai,Puducherry about 35 €)
2 units or 2 weeks	570 €			
3 units or 3 weeks	820 €			
4 units or 4 weeks	1050 €			
5 units or 5 weeks	1255 €			
6 units or 6 weeks	1440 €			

Proceeds of all workshops are given to Vellai Thamarai School to help underprivileged children of surrounding villages.