



Vellai Thamarai France

Association sociale, éducative et culturelle

(Association Loi 1901)

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Yoga workshops in India at Vellai Thamarai - Winter 2018 (in French)

Units	Workshops dates	Conferences' subjects
7	January 29 to Feb 03 th	The Tantrisme
8	Feb 05 th to Feb 10 th	The Ramayana
9	Feb 12 th to Feb 17 th	The Mahabharata
10	Feb 19 th to Feb 24 th	The Bhagavad Gita
11	Feb 26 th to March 03 th	The different religions
12	March 05 th to March 10 th	Integral Yoga of Sri Aurobindo

Closing date for registration: **December 5th 2017.**

Each workshop has a specific programme. Please see the Yoga instructor training programme.

Financial conditions for 2018

Number of units or weeks by workshop	Costs	Accommodation : board and lodging breakfast and lunch, miscellaneous expenses	Costs for dinner Your choice of restaurant in town	Transportation fees : airline ticket and ride to Puducherry (round trip)
1 unit or 1 week	295 €	Set price 25 €a day (2 per room)	Payable directly to the restaurant. Price indication : from 4 €for a complete meal without beverages	Airline ticket from about 650 € (taxi ride Chennai,Puducherry about 35 €)
2 units or 2 weeks	570 €			
3 units or 3 weeks	820 €			
4 units or 4 weeks	1050 €			
5 units or 5 weeks	1255 €			
6 units or 6 weeks	1440 €			

Proceeds of all workshops are given to Vellai Thamarai School to help underprivileged children of surrounding villages.